

# Hartford Elementary



March 2012 - Volume 10: Issue 7

## Valentines Party Pictures



## March Events:

- Friday, March 2nd - Read Across America Day
- Wednesday, March 7 - Early Dismissal @ 1:30
- Thursday, March 8 - No School
- Friday, March 8 - No School
- Monday, March 12 - School Board Meeting @ 5:30 in Humboldt
- Tuesday, March 13 - Bookmobile
- Tuesday, March 13 - Tyler Tuesday
- Wednesday, March 14 - End of 3rd Quarter
- Tuesday, March 20 - Math & Science Night @ 6:30
- Tuesday, March 27 - Kindergarten Screening 4:00 -8:00 Humboldt
- Wednesday, March 28 - Lifetouch Spring Pictures
- Thursday, March 29th - Kindergarten Screening - Hartford
- Thursday, March 29th - NO School for Kindergarten or Junior Kindergarten
- Friday, March 30th - NO School for Kindergarten or Junior Kindergarten

# The February Birthday Bash

The February and July Birthday Bash was held on Wednesday, February 8th. Mrs. Tyler read "Happy Birthday to You" by Dr. Seuss, and each birthday child received a pencil, a card, a Trojan Buck, and a fruit snack. Happy birthday to all the February and July birthdays!



## February Kindergarten Birthdays

Back Row: Annaliese (2-8), Dessa (2-9), Sadie (2-19), and Hadley (2-1)  
Front Row: Zeb (2-20), Chandler (2-2), and Chet (2-2)



## February First Grade Birthdays

Back Row: Owen (2-26), Sladen (2-26), Robby (2-20), Cade (2-2), and Alex (2-9)  
Front Row: Phoenix (2-27), Jonathan (2-27), Jace (2-22), Rylan (2-14), and Benjamin (2-26)



## February Second Grade Birthdays

Back Row: Connor (2-25), Hayden (2-3), Braydon (2-25), and Derek (2-27)  
Front Row: Natasha (2-8), and Mandy (2-20)

TYLER TUESDAY

MARCH 13TH

11:00 AM

FOR MARCH  
BIRTHDAYS!

CALL PAM @ 528-3215 TO  
REGISTER



# The July Birthday Bash



## July Kindergarten Birthdays

Samantha (7-13), Lauren (7-7), Isabella (7-31),  
Trevin (7-5), Aerial (7-9), and Sarianna (7-30)



## Second Grade July Birthdays

Back Row: Tanner (7-29), Gunnar (7-26), Bryce  
(7-29), Dominick (7-5), and Gabe (7-22)  
Front Row: Maia (7-15), Samantha (7-31),  
Makara (7-3), Kinsey (7-18), and Bailey (7-22)



## First Grade July Birthdays

Back Row: Cambell (7-22), Alexa (7-1), Tessa  
(7-13), and Liliana (7-13)  
Front Row: Dalton (7-15), Luke (7-29), and  
Andrew (7-18)

## West Central PTA Meeting

Tuesday, March 6  
7:00 pm

Humboldt Elementary  
(Note location change...)

# Save the Dates!

If you have a child who will turn five by September 1st, 2012, please put these dates on your calendar.

## Kindergarten Registration

Please call 528-3215 (press 0) to register your child and sign up for a screening time.

## Kindergarten Screening Days

Tuesday, March 27th @ Humboldt Elementary 4:00 - 8:00 pm

Thursday, March 29th @ Hartford Elementary 8:00 am - 8:00 pm

Because we need the kindergarten teachers to administer the screening, there will be NO Kindergarten classes on Thursday, March 29th and Friday, March 30th. Parents of current kindergarten students will need to make other arrangements for their child on those dates.

# Read Across America

We will be having reading activities all day on Friday, March 2 in celebration of Read Across America.

8:45 - 9:50 Sixth grade students read to Kindergarten/First Grade

All Day - Reading activities in the classrooms along with adult readers

Afternoon - Dr. Seuss birthday cupcakes for all students.



# Breakfast in March

National Breakfast Week is typically celebrated from Jan-March and usually ends in celebration with in the first full week in March. West Central will celebrate every Wednesday in March with a sack breakfast given to all students in the district including Early Childhood. This breakfast will be FREE to all students. A menu of the sack breakfasts is below. "National School Breakfast-Go for the Gold" is this year's theme. This week is generally celebrated to encourage students and families to eat breakfast that keeps the mind and body going. The program is more important this year because Michelle Obama is promoting a program to correlate with the Breakfast Program that is called "Let's Move"; her initiative and efforts to curb the obesity epidemic amongst our students and abroad.

Wednesday, March 7	Wednesday, March 14	Wednesday, March 21	Wednesday, March 28
WG Strawberry Pop Tart Fruit-able Juice Box Milk	Blueberry Mini Whole Grain Loaf Fruit-able Juice Box Milk	Apple Cinnamon Nutrigrain Bar Fruit-able Juice Box Milk	Notable Breakfast Pack #4 Milk



## **Nurse's Notes**

**by Rachel Sehr, School Nurse**

March is here, and although spring officially starts this month, we are still experiencing many unpleasant winter illnesses in the West Central Elementary buildings. For instance, has your child had a nagging cough for what seems like forever? Or maybe you yourself have. It might not be the common cold you are dealing with. Here are some of the latest bugs circulating the halls:

Bronchitis: Bronchitis is an inflammation of the lining of your bronchial tubes, which carry air to and from your lungs. With bronchitis, you might notice a cough, production of mucus (which can be clear, white, yellowish-gray, or green), fatigue, slight fever and chills, and chest discomfort. Bronchitis may be either acute or chronic.

Acute bronchitis usually improves within a few days without lasting effects, although you may continue to cough for weeks. However, if you have repeated bouts of bronchitis, you may have chronic bronchitis, which requires medical attention. See your doctor if your cough lasts more than three weeks, prevents you from sleeping, is accompanied by fever over 100.4 F, produces discolored mucus, produces blood, or is associated with wheezing or shortness of breath.

Croup: Croup is marked by a harsh, repetitive cough similar to the noise of a seal barking. The barking cough is the result of inflammation around the vocal cords and windpipe. When the cough reflex forces air through this narrowed passage, the vocal cords vibrate with a barking noise.

Usually, it isn't serious. Most cases of croup can be treated at home. However, you should seek immediate medical attention if your child: makes noisy, high-pitched breathing sounds when inhaling; begins drooling or has difficulty swallowing; seems agitated or extremely irritable; struggles to breathe; develops blue or grayish skin around the nose, mouth or fingernails; or has a fever of 103.5 F or higher.

Pneumonia/Walking Pneumonia: Pneumonia is an inflammation of the lungs caused by infection that often mimics the flu. Symptoms can vary depending on your age and general health but may include fever, cough, shortness of breath, sweating, shaking chills, chest pain that fluctuates with breathing, headache, muscle pain, and fatigue.

Typically, in the school system, we are dealing with walking pneumonia, which is a milder form of the illness. You usually aren't sick enough to stay home from work or school, so you are out walking around. Hence the name. Most of the time, treatment is not necessary or a short stint of an antibiotic will take care of it. Since pneumonia can be serious, though, see your doctor if you have a persistent cough, shortness of breath, chest pain, and fever of 102 F or higher with chills and sweating. Also contact your doctor if you suddenly feel worse after a cold or the flu.

Remember, plenty of rest, exercise, proper nutrition, and good hygiene go a long way in the prevention of most common illnesses.

## **No Kindergarten or Junior Kindergarten**

**Thursday, March 29th &  
Friday, March 30th**

**Due to Kindergarten  
Screening**

# Reflections -

by Mrs. Tyler

You do them no favors...



Somedays I yearn for the days when my children were toddlers. Small children, small problems. The kids would challenge me, but they seemed to be pretty easily redirected; except when they weren't or when I was especially short on sleep.

Somedays I yearn for the days when my children were all in the early years of school. They would still talk to me and tell me about every detail of their day...even when I didn't especially have time to hear it.

I even yearn for those teenage years. It seems like we were so busy going from activity to activity - game to game - track meet to track meet, we spoke briefly in passing. Once in a while they would let me into their inner circle during a long car ride, or watching TV with them on the rare night when we were all home.

But I really appreciate the young adults they have become. Although they will remind me that I can't ask too much or dig too deep into their personal lives.

But at any age, although I supported them as best I could, I did not defend them when they were disrespectful to others. As parents, we feel hurt, embarrassed, and a sense of betrayal when our child acts out or displays behaviors that we know they shouldn't be doing. And as parents we react to our child's misbehavior differently.

I've noticed some parents are very apologetic and not only have their child apologize, but they as parents apologize many times. I've also had parents who laugh it off as one of the "funny" things their child does. Another type of parent will defend their child and put the blame on the teacher, another student, lack of sleep, or some-

thing other than the responsibility of the child.

I've probably been all of these parents at some time in my life. But while I am still learning different parenting skills all the time, I have learned that I do my kids no favors when I don't make them own up to their mistakes....because they do make them. All kids do.

Maybe you have seen the youtube video about the parent shooting his daughter's computer. <http://youtu.be/Dw7GJXvmxC0>

This demonstrates a parenting style that results in a child who seeks revenge. Children do what they see modeled. When a parent uses anger, threats, or lecture, the child is given an excuse for their behavior. This girl will have no problem asking herself, "Why do I feel this pain?" and telling herself that it is her dad's fault. If the father would have quietly expressed empathy for his daughter's poor decision (privately to her) and followed this up with a logical, but strong consequence, she would be left thinking about her own behavior. "Oh, Sweetie, this is so sad. You posted another nasty letter on Facebook. As we talked about last time, your continued use of that computer depends on your using it appropriately. We don't want anything we own used for that kind of language. I've removed it from your room and sold it. Your mother and I have also decided to cancel your cell phone contract and donate your phone to charity. Feel free to get yourself another phone and computer when you can pay for it yourself."

Extreme? Maybe. But so is taking a computer into the back yard and shooting it full of holes.



## Love & Logic Sibling Rivalry

*Why is sibling rivalry such a perplexing issue for so many parents? Simply because we can't make our kids love each other. That's completely out of our control.*

Listed below are just a few of the many things we **can** control:

- **Whether we do extra things for kids who are battling with each other.**
- It's perfectly reasonable for a parent to say, "This is such a bummer. I'm tired-out from listening to you arguing with each other. I don't have the energy to drive you to your friends' houses."
- **Whether we allow certain items to remain in our homes.**
- A friend of ours said to her kids, "This is so sad. Every time you guys play with that game you get in a fight. I gave it away so it wouldn't be a problem anymore."
- **Whether we allow their fighting to interrupt our responsibilities and time.**
- Have you ever noticed how kids tend to argue and bicker with each other when you are trying to do something that requires your complete attention such as trying to talk on the phone? If you feel secure that your kids won't harm each other, it's probably best to say, "This is really draining my energy. You guys need to work this out or go your separate ways."
- **Whether we give them "bonding opportunities."**
- When your kids start to battle with each other, experiment with saying, "Sounds like you guys need some bonding time." Then assign them some chores to give them an opportunity to feel the love.

## Souper Bowl Winners

The Hartford Elementary Souper Bowl class winner is 2B - Mrs. Spielmann's class. They brought in 240 food items and received an extra recess and a new basketball for their class. Second place goes to 1A - Mrs. Knuth's class with 204 items and third place to 1D - Mrs. Graff's classroom with 168 food items. The total collected was 1462 nonperishable food items that we will donate to our local food pantry at Central Valley Community Church. Thank you so much to all of our students and families who made this donation possible!



# Junior Achievement

Our students need to learn that money doesn't grow on trees... and Junior Achievement volunteers help teach them that!

Volunteers play a vital role in bringing Junior Achievement to life. By sharing their personal and professional experiences and skills, volunteers help students make the connection between what they are learning in school and what they will need to succeed in work and life.

Please extend a special thank you to the following volunteers and teachers who participated in JA during the 2011-2012 school year. Without their support, we wouldn't be able to help inspire over 44,000 South Dakota students.

## 2011-12 Junior Achievement Volunteer Consultants and Teachers

### West Central Elementary - Hartford

Stephanie Graff 1 Our Families  
Shari Vanderwoude, Wells Fargo Education Financial Services

Brittany Henry 1 Our Families  
Heidi Hall, Meta Payment Systems  
Julie Bostic, Sanford Health-Hartford Clinic

Glenda Knuth 1 Our Families  
Troy Larson, Lewis & Clark Regional Water System

Kathy O'Hara 1 Our Families  
Melissa Beck, Aflac

Lanesha Underberg 1 Our Families  
Cassie Kennedy, HSBC - North America

Sam Jacobs 2 Our Community  
Adam Dejong, Pizza Ranch

Michele Mriden 2 Our Community  
Shala Eisenbeisz, First PREMIER Bank  
Tracy Ketcham, Dakota Kitchen and Bath, Inc.

Carolyn Spielmann 2 Our Community  
Emily Berg, First Manufacturing  
Kevin Berg, First Manufacturing  
Steve Dick, Agriculture United for SD

If you would like to share your knowledge and business experience with children in elementary, middle or high school, please contact the JA office at 605-336-7318 or [jasd@ja.org](mailto:jasd@ja.org). Volunteers are critical to JA's mission to provide students with a better understanding of their financial and economic future.

# Save the Date

## Math/Science Night

## Tuesday, March 20th

## 6:30 - 7:30 pm





# Help Us Save!

Check out the following ways to help us out!



## Box Tops for Education

Just clip, put in a baggie and return to school!  
There is also a drop box at Sunshine.



## Save Five for Schools

Just wash these milk and juice lids and send to school in a baggie (or Sunshine). Watch for store specials! We need the WHOLE lid!



## Labels for Education

This is not just Campbell's Soup Labels anymore! There are many products that qualify. Check it out at [labelsforeducation.com](http://labelsforeducation.com). You can send labels to school with your child or drop in box @ Sunshine.

## Cell Phones/Ink Cartridges

You can drop off old cell phones or ink cartridges and we can recycle and get money back. There is a box inside our front door.

## Lunch Schedules

If you want to come and eat with your child, here are the lunch schedules:

- 1A 11:10 - 11:40 - Mrs. Knuth
- 1B 11:15 - 11:45 - Mrs. Underberg
- 1C 11:20 - 11:50 - Mrs. O'Hara
- 1D 11:25 - 11:55 - Mrs. Graff
- 1E 11:30 - 12:00 - Ms. Henry
- KA 11:40 - 12:10 - Mrs. Wolles
- KB 11:45 - 12:15 - Mrs. Even
- KC 11:50 - 12:20 - Mrs. Cole
- KD 11:55 - 12:25 - Mrs. Weber
- 2A 12:05 - 12:35 - Mrs. Mriden
- 2B 12:10 - 12:40 - Mrs. Spielmann
- 2C 12:15 - 12:45 - Mr. Jacobs

## CGI Corner

Divide the face of the clock into three parts with two lines so that the sum of the numbers in the three parts are equal.

